

Teamwork & Team Building Skills



Course Duration: 1 Day

Course Overview

For most of us teamwork is a part of everyday life. Whether it's at home, in the community, or at work, we are often expected to be a functional part of a performing team. Having a strong team will benefit any organisation and will lead to more successes than not.

The Teamwork and Team Building course will encourage learners to explore the different aspects of a team, as well as ways that they can become a top-notch team performer. Learners will be given the details and concepts of what makes up a team and what factors contribute to being a successful team and team member.

Workshop Objectives:

- Describe the concept of a team, and its factors for success
- Explain the four phases of the Tuckman team development model and define their characteristics
- List the three types of teams
- Describe actions to take as a leader – and as a follower for each of the four phases (Forming, Storming, Norming and Performing)
- Discuss the uses, benefits and disadvantages of various team-building activities
- Describe several team-building activities that you can use, and in what settings
- Follow strategies for setting and leading team meetings
- Detail problem-solving strategies using the Six Thinking Hats model



Further information

For further information about this course please contact an AGT

Learning & Development Consultant on 1300 784 408

A full list of courses can be found at www.agt.edu.au