

Coaching and Mentoring Skills



Course Duration: 1 Day

Course Overview

As a manager, the ability to effectively coach and/or mentor team members is nowadays considered a core management competency. As more traditional methods of training give way to performance support, online and social learning, good managers know that regular and effective coaching is essential, not just to manage under-performance, but as a tool for individual, team and organisational high performance.

Workshop Objectives:

- Define coaching, mentoring and the GROW model
- Identify and set appropriate goals using the SMART technique of goal setting
- Identify the steps necessary in defining the current state or reality of your employee's situation
- Identify the steps in developing a finalized plan or wrapping it up and getting your employee motivated to accomplish those plans
- Identify the benefits of building and fostering trust with your employee
- Identify the steps in giving effective feedback while maintaining trust
- Identify and overcoming common obstacles
- Identify when the coaching is at an end and transitioning your employee to other growth opportunities
- Identify the difference between mentoring and coaching



Further information

For further information about this course please contact an AGT Learning & Development Consultant on 1300 784 408.

A full list of courses can be found at www.agt.edu.au